



Date: _____

To: _____

Re: P.E. Waiver

This is to certify that the student _____, is a member of the Kajumulo F.C. Select Soccer Program whose teams are members of the Puget Sound Premier League. Practices are held M-W-F, 1.5 hours, year round, and all players are required to participate in at least 2 practices a week 10 months of the year. This amounts to minimum of 12 hours per month of practice for 10 months or 120 total hours of practice per year. In addition, both the Fall and Spring League seasons include at least 12 and 8 games each, at 2 hours per game that is an additional 40 hours. Tournament play is also included in the Kajumulo training calendar.

Thus, total participation a Kajumulo team amounts to a minimum of **160 hours per year.**

Sincerely,

Alex Kajumulo
Technical Director, Kajumulo F.C.